

F R I E E

Fetal Alcohol Spectrum Disorders (FASDs) Outreach Clinic

WHO: Individuals (children, young adults, and adults) who are interested in seeing a medical doctor to be assessed for the effects of prenatal alcohol exposure.

WHAT: *Fetal Alcohol Spectrum Disorders (FASDs)* is an umbrella term to describe the range of effects that can occur in an individual whose mother drank alcohol during pregnancy. Fetal Alcohol Syndrome (FAS) is the most recognizable of these conditions.

WHY: The effects of FASDs vary among affected individuals. Outcomes associated with FASDs can include:

- Specific Facial Characteristics
- Growth Deficits
- Heart, Lung, and Kidney Defects
- Poor Coordination or Motor Skill Delays
- Learning Disabilities
- Attention & Memory Problems
- Mental Retardation
- Hyperactivity & Behavior Problems (ADHD)
- Difficulty with Judgment and Reasoning

The benefit of receiving a diagnosis is to help the individual in becoming eligible for disability services, specialized education planning, therapies, Social Security benefits, assistance with vocational training, placement and supported living arrangements.

WHEN: September 29th & 30th, 2010

WHERE: In the Superior and Bayfield, Wisconsin Area

FOR MORE INFORMATION ABOUT THE FASDs OUTREACH CLINIC PLEASE CONTACT:

Raina Zwadzich, Outreach Specialist

Raina.zwadzich@fammed.wisc.edu or 1-800-462-5254, or 608-262-6590

FASDs Outreach Clinic: Questions and Answers

Q: Is the clinic really free?

YES, the assessment by Dr. David Wargowski is funded by a grant from the State of Wisconsin's Bureau of Prevention Treatment & Recovery (BPTR) at the Department of Health Services.

Q: Do you need a referral from a medical doctor or another allied health professional to attend the clinic?

NO, please contact Raina Zwadzich at raina.zwadzich@fammed.wisc.edu or at 1-800-462-5254 who will start the process. The process includes:

1. Collection of history and medical records.
2. WTOP staff will be responsible for faxing the signed Authorization of Releases of Confidential Information to the appropriate places to create a file for the medical doctor.
3. WTOP staff will schedule, follow-up and answer any questions or concerns that the family, legal guardian or individual may have about the FASDs Outreach Clinic.
4. A medical report will be provided directly to the family from Dr. David Wargowski.

Q: How much time will it take me to contact a family to the clinic?

We are just a phone call away. Once WTOP staff receives the phone call/email with the contact information and referral we will take care of the rest.

Q: What is the Wisconsin FASD Treatment Outreach Project (WTOP)?

WTOP is a program of the University Of Wisconsin Department of Family Medicine. The goal of the project is to increase understanding among professionals about the effects of alcohol use during pregnancy and to screen and evaluate children and adults at risk for fetal alcohol spectrum disorders (FASD).

Q: What is FASD?

FASD is an umbrella term used to describe the conditions associated with prenatal alcohol exposure. Fetal alcohol syndrome (FAS) is the most recognizable condition, and is characterized by small size, central nervous system dysfunction, and specific facial features. Not everyone exposed to alcohol during pregnancy will have an FASD.

Q: What services does the WTOP provide?

WTOP staff works with professionals, families, and individuals to:

- Provide FASD education, training & technical assistance;
- Facilitate FASD diagnostic assessment either on-site or referral to the University of Wisconsin Clinical Genetics Center;
- Provide follow-up support for individuals receiving a diagnosis of an FASD and their families including adaptive functioning assessments and a family service plan.
- Provide resources and referrals
- Advocate for services and resources on behalf of the individual and their families (Individualized Education Plans (IEPs) and Social Security assistance).

Q: What is the benefit of getting a diagnosis of any of the FASDs?

Individuals with a diagnosis may be eligible for disability services and benefits including specialized education planning and therapies, Social Security, assistance with vocational training and placement and supported living. In addition, having this information may provide answers to individuals about challenges they've experienced whether physical, cognitive, or behavioral.

FASDs Outreach Clinic – Process

*****To start the process please contact Raina Zwadzich at raina.zwadzich@fammed.wisc.edu or at 1-800-462-5254*****

Intake conducted by WTOP Staff via the telephone - If appropriate, an appointment will be scheduled

WTOP Staff will collect history and medical records for the Doctor's review before the FASDs clinic appointment

WTOP Staff will work with family/individual to schedule and answer questions before the FASDs clinic appointment

FASDs CLINIC DAY

Doctor will:

- 1) Conduct a clinical exam for FASDs.
- 2) WTOP Staff will meet with family/individual to discuss results.

Medical summary report will be mailed to family or individual.

WTOP Staff will follow-up with referrals, services and resources.